

EMPLOYEE ASSISTANCE PROGRAM

LOGIN ID: STANDARD

PASSWORD: EAP4U

COST: FREE

CONFIDENTIAL: YES

TOLL FREE NUMBER: 1-888-293-6948

SOME TOPICS COVERED:

Leadership development	Bereavement	Legal
Leadership skills	Emotional well-being	Financial help
Workplace issues	Depression	Financial problems
Supervisor work performance toolbox	Smoking, Alcohol or Drug dependency	Wills and Estate planning
Stress	Family life/difficulties	Divorce
ADHD	Healthy living	Marriage
Etc.	Compulsive gambling	Elderly care laws
	Exercise & Weight loss	Etc.
	Nutrition	
	Pregnancy	
	Etc.	

FACE TO FACE MEETINGS MAY OCCUR IF THERE IS A NEED